

Basic CIT-FO Certification Class

~Class Overview~

The Basic Crisis Intervention Class (CIT-FO) is designed to be an interactive five day, 40-hour class, which addresses basic verbal de-escalation skills, designed for sworn law enforcement officers. During the course of the week-long class participants will gain knowledge regarding crises & how people respond or behave in crisis. The concept of mental illness & its effect on the verbal interaction.

Participants are expected to actively engage in over ten hours of live scenario situations. One of our goals is to teach officers about crises & mental illness in order to improve their ability & confidence to predict & respond to abnormal behaviors. We believe that if you can predict or anticipate behavior with some degree of accuracy you can become a safer officer.

Through the class activities participants will gain an overall understanding that CIT is designed to be an added tool for the Law Enforcement Officer's tool belt. It is not designed to be a replacement for current skills or other tools. During the week we will identify key issues & history that have prompted law enforcement agencies to pursue more innovative approaches (such as officer safety, decrease in chronic callers, etc.) to crisis management such as CIT.

The class instructors will be current law enforcement officers, police psychologists, mental health providers, and retired law enforcement officers with extensive expertise and experience in verbal de-escalation and crisis management.

Course Director: Dr. Troy Rodgers

Dr. Rodgers is a police psychologist based in Albuquerque, New Mexico. He has a master's degree and a doctorate in clinical forensic psychology. He has worked with law enforcement officers for over 20 years. At the present time, Dr. Rodgers works as a consultant to over 500 local, state, and federal law enforcement, firefighter, ambulance, dispatch and corrections agencies.

Dr. Rodgers is a highly sought after trainer in the field of psychology and criminal justice. He is routinely utilized as an expert by multiple regional media outlets. Dr. Rodgers is also certified as a Professional Lecturer and Master Instructor by the New Mexico Department of Public Safety Training Academy.

Upcoming 2025 Class Dates

September 15 - 19th 2025
September 22 - 26th 2025
October 27 - 31st 2025 (Farmington)
November 17 - 21st 2025
December 8 - 12th 2025

Class Times

8am-5pm each day
Class Cost
$700+tax (per person)
Group discounts available

Close Lodging Options

Holiday Inn Express and Suites
505-797-2291
Courtyard by Marriott
505-823-1919
Albuquerque Marriott Pyramid
505-821-3333
Drury Inn and Suites
505-341-3600

~ Course Topics and Exercises ~

- Introduction to the CIT Approach
- The History of CIT
- The Reduction of Civil liability Through CIT Training
- Increased Public Support Through a CIT Approach
- Abnormal and Deviant Behavior
- Destigmatizing Mental Illness
- Communicating with People in Crisis
- Mood Disorders, Suicide, and Suicide-By-Cop
- Anxiety Disorders and PTSD
- Psychotic Disorders
- Basic Active Listening Skills
- Personality Disorders
- Legal Updates and the NM Mental Health Code (43-1-10)
- Autism, Dementia, Alzheimer's, Developmental Disability, and TBI

This Class is a NMDPS NMLEA Accredited Class.
It also meets & exceeds the mandatory requirements for Interactions with Person with Mental Illness (formerly HB93) officer biennium training.

8341 Washington St. NE. Albuquerque, NM 87113
(One Block South of Alameda and one block west of Jefferson)

Register Here



~ Course Topics and Exercises ~

- Autism, Dementia, Alzheimer's, Developmental Disability, and TBI
- Psychotropic Medications
- Identifying Community Resources
- Working with Consumers
- Working with the Homeless Population
- Practical CIT Strategy and Basic Threat Assessment
- Applied CIT Communication Skills
- How Drugs and Alcohol Affect People in Crisis
- Officer Assault trends and CIT Officer Safety
- CIT Officer Expectations
- Setting up and Maintaining a CIT Program
- And Over 10 Hours of Live Scenario Experience