



Serving Families and children of all ages throughout the Albuquerque and Rio Rancho area

Small Steps is a provider for almost every health insurance in the state of New Mexico

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In Home Mental Health Counseling Services





Small Steps works to help parents and caregivers succeed in relationship with their children.

We provide families with mental health counseling, psychoeducation, and practical skills for dealing with grief and loss, trauma, anxiety, depression, adoption and foster care issues