



Treatment & Recovery Centers

(INPATIENT)

LOCAL

Peak Behavioral Health - Santa Teresa, NM

- Offers effective treatment for those experiencing acute behavioral health issues
- 575-589-6770
- <https://peakbehavioral.com/how-we-help/inpatient-care/>

Vista Taos - Taos, NM

- Drug and alcohol rehabilitation center.
- 877.772.2616 or info@vistataos.com
- <https://www.vistataos.com/about-us/>

Turquoise Lodge - Rio Rancho, NM

- Substance abuse treatment center
- 505-841-8978, select option 4 to request voluntary treatment
- <https://www.nmhealth.org/about/ofm/lctf/tlh/>

Southwest Family Guidance Center - Albuquerque, NM

- Offers dual diagnosis treatment and residential substance abuse treatment
- 505.830.1871
- swfamily.com

NON-LOCAL

The Meadows- Wickenburg, AZ

- Treat men and women 18 and older for substance use disorders, mental health issues, and trauma
- 866.536.5018
- <https://www.themeadows.com/about/>

Warriors Heart - Bandera, TX

- Alcohol abuse, chemical dependency & PTSD Treatment for active military, veterans, and first responders
- 888.438.6616
- <https://www.warriorsheart.com/>

NON-LOCAL

Help for Our Heros - Florida

- Substance abuse and PTSD treatment center
- 1.888.919.2561 or 561.208.8580
- <https://helpforourheroes.com/>

McLean Hospital - Boston

- For Military and LE with PTSD
- www.mcleanhospital.org/programs/leader
- Intake: 617.855.3141
- Addiction Treatment: 617.855.3141
- Anxiety Treatment: 617.855.3141
- Depression Treatment: 617.855.3141
- Bipolar Disorder Treatment: 617.855.3141
- Trauma and Dissociative Disorders: 617.855.3100

Florida House Experience - Florida

- Specializes in behavioral health disorders
- 844.423.3204
- <https://ftherehab.com/specialty-programs/>

The Recovery Village - Columbus, Ohio

- The FORTITIDE program: Substance Use & Mental Health Treatment for Veterans and First Responders
- 855.761.7048
- <https://www.columbusrecoverycenter.com/fortitude/>

Warriors Ascent Program - Kansas City, MO

- Five day program that teaches healing skills, inculcates essential lifestyle habits, and builds a sense of community and belonging
- 816.800.9276
- <https://www.warriorsascent.org/wa-program>

Harmony Foundation - Estes Park, CO

- An outstanding program spanning five decades of providing successful treatment for alcoholics and drug addicts.
- 970.632.9897
- <https://harmonyfoundationinc.com/>

NON-LOCAL

First Responder Wellness - Newport Beach, CA

- Exclusively treats law enforcement officers, firefighters, EMS, dispatch, corrections, and other public safety professionals. Offers substance abuse and mental health treatment.
- 45-day program
- 888.443.4898
- <https://www.firstresponder-wellness.com/contact/>

IAFF Center of Excellence for Behavioral Health Treatment and Recovery - Upper Marlboro, MD

- Flagship recovery center where IAFF members can heal from behavioral health conditions
- Admissions: 844-316-895 or mojones@advancedrecovery.com
- <https://www.therecoveryvillage.com/locations/iaff-recovery-center/>

Haven For Heros - Anoka, MN

- Non-profit, substance and alcohol-free board and lodging facility, that provides recovery and transitional -housing to service members and veterans.
- 763-600-6142 or hello@haven4heroesmn.org
- <https://www.haven4heroesmn.org/>

Princeton House - Princeton, NJ

- 24/7 intensive care for mental illness, substance use disorder, or both
- 888.437.1610
- <https://www.princetonhcs.org/care-services/princeton-house-behavioral-health>

Great Lakes Recovery - Houston, TX

- Services offered include substance use disorder, mental health services, child & adolescent care, integrated medical services and recovery housing
- 906.228.9696
- <https://www.greatlakesrecovery.org/>

Shatterproof FHE Program - Florida

- Employs evidence-based therapies, innovative medical care, and a comprehensive wellness program to help first responders successfully manage their condition and/or achieve life-long recovery from drugs and alcohol.
- 833.691.6102
- <https://ftherehab.com/services/first-responders/>

CRISIS HELP LINES

NM Healthcare Worker & First Responder Support Line

- 855.507.5509

CopLine

- 1.800.267.5463 or Director@copline.org

Safe Call Now

- 1-206-459-3020
- www.safecallnow.org

Cop2Cop Hotline

- 1.866.267.2267
- www.njfop.org/cop2cop

SAMHSA National Helpline

- 1.800.662.4357

Veterans Crisis Line

- 1.800.273.8255

Stop Soldier Suicide

- 1.844.889.5610

Crisis Text Line (24/7)

- Text HOME to 741741
- www.crisisextline.org/

National Suicide Prevention Hotline

- Call 988
- <https://988lifeline.org/help-yourself/>

ARTICLES

IACP National Symposium on Law Enforcement Officer Suicide and Mental Health

- Breaking the Silence report offers actionable strategies designed as a road map for police departments seeking to include officer mental wellness as a core element of officer safety and well-being and to mitigate the threat of officer death by suicide
- <https://www.theiacp.org/resources>



Treatment & Recovery Centers

(OUTPATIENT)

LOCAL

OTHER REFERREL OPTIONS

UNM Center for Development & Disability

- 1.800.552.8195
- Website: bit.ly/infonetcd

Children's Grief Center of New Mexico & Grief Resource Center

- 505.323.0478
- 4125 Carlisle Blvd NE, Albuquerque, NM

Smart Steps (A group for blended families)

- 505.717.7227
- info@livebreatheplay.com

Small Steps Child Counseling

- 505.933.4639
- 1101 Medical Arts Ave NE Building 3, Albuquerque, NM 97102

Trauma Treatment Center

- 505.289.1042
- 1316 Jackie Rd SE #900, Rio Rancho, NM 87124

Sage Neuroscience

- 505.884.1114
- sageclinic.org
- 7850 Jefferson St NE Ste 300, Albuquerque, NM 87109

Engender LLC (LGBTQ+)

- 505.242.4400
- engenderwellness.com
- 6749 Academy Rd NE Ste D, Albuquerque, NM 87109

Christopher Alexander (Clinical Psychology)

- 505.898.1117
- 3615 State Highway 528 Nw Ste 200, Albuquerque, NM 87114

Eastern New Mexico Medical - Roswell, NM

- Offers a range of services for adults, including diagnostic evaluation, crisis stabilization and treatment.
- 575.622.8170
- <https://www.enmmc.com/behavioral-health-services>

Turquoise Lodge - Rio Rancho, NM

- Substance abuse treatment center
- 505-841-8978, select option 4 to request voluntary treatment
- <https://www.nmhealth.org/about/ofm/lctf/tlh/>

Peak Behavioral Health - Santa Teresa, NM

- Outpatient programs for adults and youth facing various challenges, such as anxiety, depression, bipolar disorder, and other psychiatric disorders
- 575-589-6770
- <https://peakbehavioral.com/how-we-help/outpatient-care/>

Shadow Mountain Recovery - Abq, NM

- Offers outpatient treatment for drug and alcohol addiction along with mental health services
- 855.266.3954
- <https://www.shadowmountainrecovery.com/locations/albuquerque/>

Kimmie Jordan Mental Health Rehabilitation Services

- 575.649.8518
- 1215 New York Ave, Alamogordo, NM

Robert Gates MA LCPP (Mental Health)

- 505.463.0507
- 9004 Menaul Blvd NE Suit 10, Albuquerque, NM 87112

Desiree Provencio (Psychiatric/Mental Health)

- 505.225.3110
- 6300 Riverside Plaza Ln NW Ste 100, Albuquerque, NM 87120