

Verbal De-Escalation CRASH COURSE

COURSE TOPICS & EXERCISES

- This Course is a brief interactive-based approach to the verbal-de-escalation training often seen in CIT Classes.
- Communication skills and the techniques that are effective in working with people to gain beneficial outcomes.
- Introduction to Abnormal Behavior and Verbal De-escalation Basics
- Strategic Communication Skills
- Destigmatizing Mental Illness and Mental Illness 101
- Communicating with People in Crisis and Basic Active Listening Skills
- Identifying Community Resources for those in crisis
- Autism, Dementia, Alzheimer's, Developmental Disability, and TBI
- Psychotropic Medications
- Personality Disorders
- People In Crisis and The Steps to De-escalation
- And five (5) hours of live scenario training and video analysis.



Register Here



Course Presented By:
Public Safety Psychology Group
LLC
Troy Rodgers Psy.D. - Course
Coordinator

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2026 Class Dates

February 10-11th 2026

March 17-18th 2026

April 29-30th 2026

May 12-13th 2026

June 16-17th 2026

Class Times

8am-5pm each day

Class Cost

\$450+tax (per person)

Group Discounts
Available

8341 Washington St. NE. Albuquerque,
NM 87113
(One Block South of Alameda and one
block west of Jefferson)