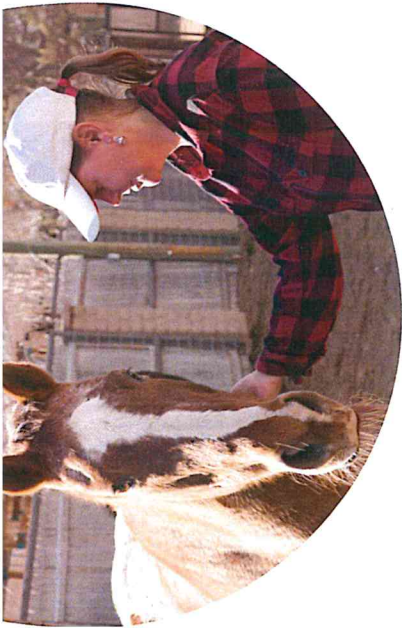




“

Testimonials

I have tried just about every type of therapy out there from traditional counseling, to more holistic modalities involving mind, body and spirit, but I have to say that equine therapy has been without a doubt the most intense, effective, and life-changing therapy I have tried.

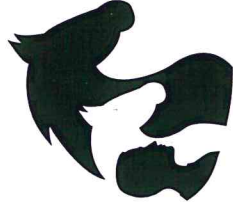


How To Help

Equine Therapeutic Connections is a New Mexico Non-Profit organization. All contributions are tax deductible and will be used to provide therapy to victims of trauma. Please make a donation today.

Equine Therapeutic Connections also accepts non-monetary donations, we can always use horse grooming supplies, buckets, feed and office supplies.

Financial Assistance is available.
Please contact us for information.



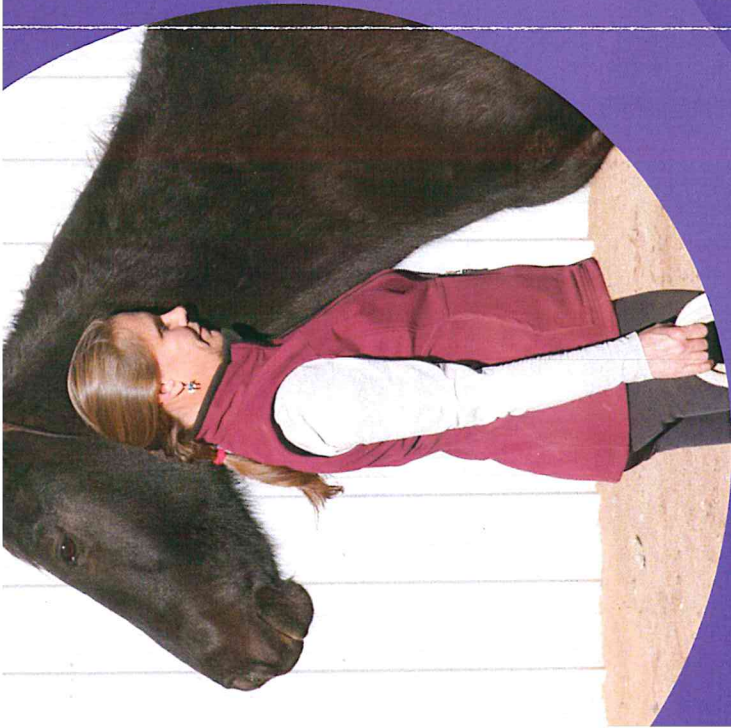
**Equine
Therapeutic
Connections**
a New Mexico non-profit corporation



Contact Us

Deborah D. Pierson
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505.407.0075

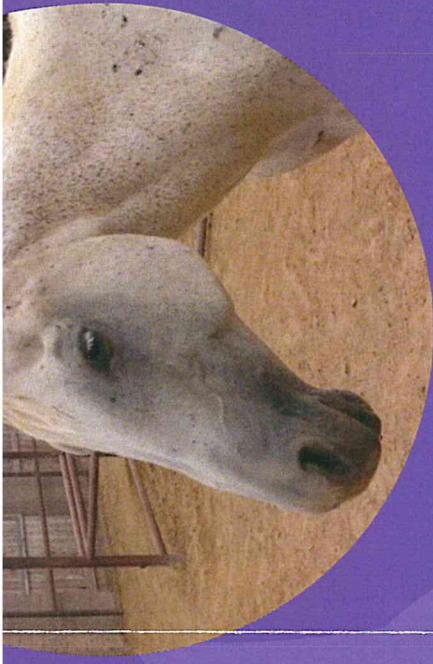
etcnm.org



Equine Therapeutic Connections is committed to serving the therapeutic needs of children and adults through equine assisted therapy and therapeutic riding

Equine Assisted Psychotherapy (EAP)

EAP is a powerful, non-traditional experiential therapy which guides the clients to learn about themselves and others through the use of horses. Clients participate in hands-on therapeutic activities designed and facilitated by a Licensed Mental Health Clinician and an Equine Specialist to address their treatment goals. The therapies are tailored to fit each client's needs and focus on the relationship between the client and the horse(s). This interaction often tends to mirror personal life issues, behaviors and attitudes. This effective and unique therapeutic method serves to bypass the intellect and facilitates a healing internal emotional connection. All work is provided by an EAGALA Certified team.



Working With Horses Help Adults:

- ▶ Slow down
- ▶ Experience and appreciate the present moment, making emotional issues more accessible
- ▶ Increase assertiveness and self confidence
- ▶ Improve communication skills in personal relationships
- ▶ Reach a place of self-discovery, self-acceptance and understanding

Working With Horses Helps Children:

- ▶ Improve social skills
- ▶ Learn to problem solve
- ▶ Change negative behaviors
- ▶ Increase focus and attention
- ▶ Learn about healthy relationships and boundaries

Therapeutic Riding

Therapeutic riding uses equine-assisted activities, guided by a PATH Certified Instructor to help with physical, emotional and social well-being of people with disabilities. Therapeutic riding provides benefits in the areas of health, education, recreation & leisure. Experiencing the motion of a horse can be very therapeutic, because horseback riding rhythmically moves the rider's body in a manner similar to a human gait. Riders with physical disabilities often show improvement in flexibility, balance and muscle strength.